

Supplementary Table 1

Table 1 summarises the timepoints and clinical procedures conducted for the study.

Table 1. Summary of study assessments for the ICONIC study

Study Procedure	Visit 1 Baseline	Visit 2 6 months	Visit 3 12 months	Visit 4 18 months	Visit 5 24 months
Informed Consent & Assent	✓				
Demographics & History Taking	✓				
Visual Acuity (Distance and Near) & Reading Speed	✓		✓		✓
Cognitive Assessment - CANTAB	✓	✓	✓	✓	✓
Autorefracton & Keratometry & Slit Lamp Assessment	✓				✓
Temporal Contrast Sensitivity Function (CSFt)	✓	✓	✓	✓	✓
Dilation	✓	✓	✓	✓	✓
Height, Weight, Pulse	✓		✓		✓
Verbal Fluency	✓		✓		✓
Lifestyle and Diet Questionnaire	✓		✓		✓
OCT Scans & MPOV Measurement	✓	✓	✓	✓	✓
Compliance Check		✓	✓	✓	✓
Dispense Intervention	✓	✓	✓	✓	

Abbreviations: CANTAB: Cambridge Neuropsychological Test Automated Battery; KBIT: Kaufmann Brief Intelligence Test; OCT: Optical Coherence Tomography; MPOV: Macular pigment optical volume